

CLEAN HOME

happy home



monday

BEDROOM DAY

- change sheets
- dust furniture
- clean mirrors
- clean fans
- declutter
- LAUNDRY: sheets

tuesday

BATHROOM DAY

- clean shower & toilets
- clean sink, counter & faucet
- clean mirrors
- sweep and mop floors
- restock toiletries
- change towels
- LAUNDRY: towels

wednesday

LIVING ROOM DAY

- dust & polish furniture
- clean TV
- sweep / vacuum
- declutter (10 min)
- declutter
- LAUNDRY: darks

thursday

KITCHEN DAY

- clean out fridge
- clean counters
- clean table & chairs
- sweep & mop floors
- take out trash
- LAUNDRY: darks

friday

ALTERNATE DAY

- WEEK 1 - all appliances
- WEEK 2 - kitchen cabinets
- WEEK 3 - windows & blinds
- WEEK 4 - walls & baseboards
- WEEK 5 - under stairs
- LAUNDRY: darks

saturday

OUTSIDE DAY

- clean out car
- straighten up garage
- sweep porch
- yard work
- LAUNDRY: catch up

sunday

PLAYROOM DAY